

# Loom Knit Hooded Infant Sleep Sack - Side Fastened

By Ruth Volk, 11/24/2018

This sleep sack is adjustable- the ties are anchored to the front flap, but can be tied to the back at any place needed in order to fit the baby's length. The top edge of the sack portion may also be rolled down to shorten the length.

**Skill Level:** EASY

**Supplies:** Any loom with at least 35 pegs will work. This is worked back and forth on those pegs (do not work around in a circle). I used a Knifty Knitter large round yellow loom.

**Yarn:** The yarn I used is Bernat Baby Sport, one 10.5 oz. skein in Baby Blue, and one 8.5 oz. skein in Baby Baby Ombre. You won't use up all the yarn for the sleep sack, which means you could add a sweater or hat, mittens and booties to make a matching set.

See the other Loom Knit Patterns for all of these items at

<http://www.bundlesoflove.org/patterns/> - scroll down to the knitting patterns section and see all that start with "Loom Knit".

**Method:** Creating a flat panel on a loom – see video instruction at

<https://www.youtube.com/watch?v=Yh0lufwi2DE>

**Notes:** Work by making a long, flat rectangle. Fold the top end in half and seam it to make the hood. Make 6 ties, 3 on each side. **Work with two strands of yarn throughout, one of each color.**

**Cast On: Start** Starting with peg 1 (the peg to the right of the marker peg) and working to the right, do a double e-wrap cast on (refer to video link above) – work one peg at a time and wrap each peg twice around, then lift the bottom yarn over the top yarn on the peg and tug to tighten the yarn. Move to the next peg and e-wrap twice, then lift the bottom yarn over the top yarn on the peg and tighten the yarn. Repeat around to the 35<sup>th</sup> peg.

**Row 1:** Starting with the last peg, wrap the peg by coming around the back to the right of the peg, around the front, then in back of the next peg to the left, and e-wrap that next peg (the one on the left of your last peg), crossing in the back. Continue to e-wrap each peg, working from right to left, making sure the yarn crosses in back of each peg, not in front. Work all the way back to the first peg. Now lift off the lower yarn up and over each peg, starting with the last peg you wrapped.

**Row 2:** Starting with the first peg, wrap the peg by coming around the back to the left of the peg, around the front, then to the back and e-wrap the 2<sup>nd</sup> peg. E-wrap each peg around, working to the right. Now lift off the lower yarn up and over each peg, starting with the peg you wrapped last.

**Repeat rows 1 and 2 until the piece measures 48 inches long.**

Cast off loosely, fold the top edge in half and seam to make the hood.

**Edge (optional):** I made a crochet edging on my sleep sack, which is optional. Attach yarn at the lower corner and using a large hook (I or J), sc around. If it seems too loose, use a smaller hook, or if it seems too tight, use a larger hook or chain one in between each stitch or two to get an even edge that lays flat. Work 3 sc in each corner. Work all around and join with a slip stitch

If you don't crochet an edge, just block your work to make it lie flat.

(See *tips on blocking* at <https://cocoknits.com/tips-and-tutorials/techniques/how-to-block-your-knitting/>).

Once your work is blocked or edged, fold the bottom up until the lower cast-on edge meets the hood, or just below the hood.

**Make 6 ties**, 3 for each side. You can make them however you like, but I made mine by crocheting a chain. I chain 30, then slip stitch into the side of the edge that is on top after folding as shown in the photo. Chain 30 more. Cut yarn, pull through last chain, and tighten the knots at both ends. Trim the ends of yarn at each end. Pull one end of the tie through a stitch on the underside of the folded sack. Measure down 6 inches and make/attach another tie. Again measure down 6 inches and make/attach the 3<sup>rd</sup> tie. Repeat for the other side. You will have 3 ties on each side as shown in the photo.

